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Learning and Participation Resource Pack

The Weather: Session 2 – The Rainbow

Originally for EYFS/KS1 pupils with ASD and Learning Difficulties. Can be used for varying ages – depending on individual needs.



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Overview

Lesson ideas for the topic of the weather. Including activities for: drama, music, dance and sensory. Exploring different types of weather in a practical way with a focus on turn taking and communication/interaction.

Lesson Ideas

Warm up/icebreakers

- Sing a welcome song, hello song, a song to signify to the children that this lesson has begun, whether it be drama, music, dance, sensory or a combination.

Task ideas/starting points

- This lesson comprises a singing, dance and drama activity.
- Have the children in a circle either on the floor or chairs.
- You will need a speaker and access to YouTube for this session.
- You will also need a piece of fabric for the cool down.
- A cut-out pot of gold and gold coins – the gold coins need to be hidden around the room for the children to find.
- Large pieces of coloured fabric.
- Dance scarves or pieces of coloured fabric can be used for the singing section of the activity if you have access to them.

Task developments

- Singing: *The Rainbow Song*. This can be done with Makaton signs (see below for *The Rainbow Song* in Makaton) or with pieces of coloured fabric that the children wave when their colour is sung in the song.
- Drama: Using the large piece of fabric get the children to turn take and help build a Rainbow on the floor. Explain or ask about

the pot of gold at the end of the Rainbow. Pot of gold is empty! One at a time the children find the coins hidden around the room and put them in the pot.

- Dance: A very simple movement activity to the song *The Rainbow Connection*. Stand in a circle around the rainbow you have built and do simple movements such as moving in and out as a circle, move around the rainbow, slide your feet on the floor as if you are skiing down the rainbow, in time with the music.

Differentiation for lower/higher ability

- Singing: The fabric can be given out individually or in small groups with an adult supporting so the fabric is lifted at the correct moment.

Cool down ideas

- Using a piece of fabric, lift it high above the individual's head and then wash it over them. This is best accompanied with music and when doing this activity in groups put a calming visual on for them to have something to focus on whilst they wait for their turn.

Outcome

The children will have explored the theme of weather in a practical way and used multiple disciplines and skills to do so. If it is part of a wider curriculum theme, sessions like this can be used to generalise their knowledge.

Resources and useful links

Resources 1: Dance scarves: https://www.amazon.co.uk/Geboor-Juggling-Movement-Performance-Accessories/dp/B07NTHC9D1/ref=sr_1_3_sspa?crid=QA5THGMH7YK3&dchild=1&keywords=dance+scarves&qid=1585824582&s=kids&sprefix=dance+scarves%2Caps%2C269&sr=1-3-spons&psc=1&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUE2UFNGOFAXUUhGNFUmZW5jcnlwdGVkSWQ9QTAWMzEwOTQ4WUk1QkIKRUc2WFYmZW5jcnlwdGVkQWRJZD1BMDQ0OTU4MzE1MFFPREdZQjNMWUYmd2lkZ2V0TmFtZT1zcF9hdGYmYWN0aW9uPWNsaWNrUmVkaXJlY3QmZG90b3RMb2dDbGljaz10cnVl

Resource 2: The Rainbow Song with Makaton
<https://www.youtube.com/watch?v=yLpEGM34Fic>

Resource 3: The Rainbow Connection
<https://www.youtube.com/watch?v=69PQuw0r3oM>

Resource 4: Chill out playlist on Spotify
<https://open.spotify.com/playlist/11HXfRNI5ynyb08n1U23f8?si=qPAn-W1VRJqmwROoAbeCrw>

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