

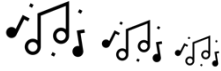



	<p><b>Silent Disco Walking Tours</b> <b>Guru Dudu</b></p>
	<p>Where? From St Martin's Square</p>
	<p>When? 12pm (Relaxed Session), 1pm, 2.15pm, 3.30pm, 5.15pm</p>
	<p>How long? 30 mins</p>
	<p>What you need to know: You will be in a group of 15 on the relaxed performance and 30 on the non-relaxed performance. You will wear special headphones that will play lots of different sorts of music through it. You will also hear the voice of the tour guide who will speak to you all through the headphones. The commentary is very funny! You can dance and laugh with everyone in your group with headphones. No-one else will know what you are listening to.</p>
	<p>Trigger points: Walking in a group with other people watching</p>

 	<p>Seating/ standing: Walking (and dancing! )</p>
	<p>Music: You can adjust the volume of your headset so it won't be too loud.</p>
 <p>12:00 Relaxed sessio</p>	<p>Any special information The 12noon tour is run as a relaxed session. There are fewer people taking part and the commentary will be specially tailored to make sure everyone can understand and be joining in.</p>